Psychiatric Interviewing and Assessment
Robert Poole and Robert Higgo
Both from the University of Liverpool, UK

This book will help mental health professionals to develop the fundamental generic skills in interviewing and assessment which form the foundation of psychiatric practice. It is about the process of reaching a diagnosis and is a practical guide to help the reader make the transition from novice to competent clinician. Based on real problems encountered in modern general adult psychiatric practice, and set in a range of environments, in the clinic and in the community.

Features
• Built around situations readily recognisable in everyday clinical experience
• Illustrated with case studies throughout
• Relevant to a range of mental health disciplines

Contents:
1. Diagnosis
2. History
3. Mental state and psychopathology
4. Cognitive state assessment and organic disease
5. Office based psychiatric assessment
6. Understanding and managing relationships with patients
7. Difficulties relating to psychosis
8. Unpopular patients
9. Values and beliefs
10. Culture
11. Who should I be?
12. Interviewing with other team members
13. Interviewing families and other informants
14. In the community
15. Personality
16. Risk and safety
17. Note keeping, letters and reports
18. Getting alongside patients

2006 256pp 1 illustration 978 0 521 67119 4 (0 521 67119 1) • PB • £29.99

Forthcoming
Social Inclusion of People with Mental Illness
Julian Leff
Institute of Psychiatry, London, UK
and Richard Warner
University of Colorado, USA

People with serious mental illness no longer spend years of their lives in psychiatric institutions. In developed countries, there has been a major shift in the focus of care from hospitals into the community. However, whilst it means those with mental illness are not confined, it does not guarantee they will be fully integrated into their communities. This book analyses the causes of these barriers and suggests ways of dismantling them. The book is constructed in two parts, the first relates to social inclusion and the second to occupational inclusion.

Features
• Takes an interdisciplinary approach including coverage of social, clinical and economic aspects
• Describes innovative service interventions for use in clinical practice
• Accessible to a wide range of readership groups

Contents:
1. Introduction: Barriers to social and occupational integration
2. The course of psychoses
3. The nature of stigma
4. Poverty and social disadvantage
5. Ameliorating users’ symptoms
6. Dismantling psychiatric institutions
7. Reducing fear and discrimination among the public
8. Tackling self-stigmatisation
9. Overcoming obstacles to employment
10. Economic obstacles to employment
11. The spectrum of work programmes
12. Social firms
13. Innovative strategies
14. Inclusion and empowerment of consumers

July 2006 250pp 2 illustrations 978 0 521 61536 5 (0 521 61536 4) • PB • £29.99
Modelling and Managing the Depressive Disorders
A Clinical Guide
Gordon Parker
and Vijaya Manicavasagar
Both from the University of New South Wales, Sydney, Australia

The DSM and ICD mental illness classificatory systems define mood disorder as essentially a single condition varying only by severity; however, there are major problems with this approach. In this book, Gordon Parker and Vijaya Manicavasagar expose the weaknesses in the existing models, and describe a new approach to sub-typing and managing depression based on there being some specific defined manifestations, including melancholia and psychotic depression, as well as versions of the condition highly dependent on life stresses and personality styles.

Features
• Challenges the existing thinking on depression
• Describes a new framework for understanding and treating this range of related disorders
• Written in an entertaining and practical style supplemented with colourful and clear illustrative content

2005 264pp 71 illustrations
978 0 521 67144 6 ● PB ● £30.00
Bioterrorism
Psychological and Public Health Interventions
Edited by Robert J. Ursano
Ann E. Norwood
and Carol S. Fullerton
All from the Uniformed Services University School of Medicine, Bethesda MD, USA
After the sarin gas attack on the Tokyo subway system in 1995 just 12 people died but more than 5000 sought medical care for possible exposure. Bioterrorism can create chaos and disruption on a national and international scale. Moreover, it is believed to incur the most devastating psychological sequelae of all disasters and terrorist events. Planning and pre-disaster exercises are essential for allocating resources and devising effective mental health interventions. Includes two CDs showing an international panel of experts discussing how best to plan for a bioterrorist event.

‘… a very comprehensive review of Bioterrorism … the book provides a good insight into the history, psychosocial, mental and public health of the population in relation to Bioterrorism. It is a useful addition to Emergency Planners and professionals dealing with major disasters. The accompanying CDs are a welcome addition to the book’.  

THE ULSTER MEDICAL JOURNAL
June 2004 375pp 41 illustrations
978 0 521 81472 0  (0 521 81472 3) • HB and CD Rom • £75.00

Terrorism and Disaster
Individual and Community Mental Health Interventions
Edited by Robert Ursano
Carol S. Fullerton
and Ann E. Norwood
All from the Uniformed Services University of the Health Sciences, Bethesda, USA
There is widespread belief amongst professionals that terrorism (and torture) produce the highest and most diffuse rates of psychiatric sequelae of all the types of disaster. In this book the world’s experts assess the lessons learned from recent atrocities.

‘Comprehensive, scholarly, gripping reading. This is a SUPERB book. This volume is the most comprehensive, scholarly and well-done book covering the entire range of traumata and disasters … Material never before presented in such a readable and definitive form.’  

MARGARET T. SINGER

Features
• Cutting-edge, expert account of the lessons learned from terrorist attacks
• Looks at prevention, intervention, the impact of leadership and the effects of contamination
• Examines the similarities and the differences between the effects of different types of disaster

2003 364pp 49 illustrations
978 0 521 53345 4  (0 521 53345 7)
• PB and CD Rom • £43.00
978 0 521 82606 8  (0 521 82606 3)
• HB and CD Rom • £110.00

Depression and Physical Illness
Andrew Steptoe
University College London, UK
Depression and physical illness are intimately related. This book details the evidence linking depression with major health conditions, including heart disease, diabetes and cancer. It explores the processes underlying the association, and provides guidance to health professionals and patients on how to break the connection between depression and physical illness.

Nov 2006 406 pages 30 illustrations
978 0 521 60360 7  (0 521 60360 9) • PB • £40.00

The Brain and Behavior
An Introduction to Behavioral Neuroanatomy
2nd edition
David Clark
Ohio State University
Nashaat Boutros
Yale University, Connecticut, USA
and Mario Mendez
University of California, Los Angeles, USA
This new edition builds on the success of the previous edition and retains the core aim of providing an accessible introduction to behavioral neuroanatomy. The text is presented in a highly structured and organised format to help the reader distinguish between issues of anatomical, behavioural and physiological relevance. Simplified and clear diagrams are provided throughout the chapters to illustrate key points. Case examples are explored to set the neuroanatomy in the context of clinical experience.

Features
• Easily accessible for students and clinicians
• Covers basic brain-behaviour anatomy
• Integrates relevant vignettes that illustrate the behavioural consequences of brain lesions

2005 300pp 103 illustrations
978 0 521 54984 4  (0 521 54984 1)
• PB • £35.00
978 0 521 84050 7  (0 521 84050 3)
• HB • £70.00
Stress, the Brain and Depression
H. M. van Praag
Universiteit Maastricht, Netherlands
E. R. de Kloet
Universiteit Leiden, Netherlands
and J. van Os
Universiteit Maastricht, Netherlands

"In shedding light on the causal and temporal relationships between stress and depression the authors also show their extensive knowledge. Their thought provoking presentation of the history of psychiatric classification is a refreshingly welcome overview, punctuated with scepticism regarding the 'nosologomania in psychiatry.' The detailed information is systematically presented; and each chapter builds towards (preliminary) conclusions, making this complex topic relatively easy to understand …"

BRITISH MEDICAL JOURNAL
2004   296pp   81 illustrations
978 0 521 62147 2   (0 521 62147 X) • HB • £70.00

The Treatment of Anxiety Disorders
Edited by David Castle
Mental Health Research Institute and University of Melbourne, Australia
Jayashri Kulkarni
Alfred Psychiatry Research Centre, Prahran, Australia
Kathryn M. Abel
University of Manchester, UK
and Jill Goldstein
Harvard Medical School, USA

Mood and anxiety disorders in women represent an increasingly important area of research and treatment development. The authors take a broad biopsychosocial and developmental approach to the issues, beginning with adolescence and progressing through reproduction, menopause and old age. All the disorders are covered, from anxiety and borderline personality disorder to stress and late-life depression. Particular attention is paid to questions of vulnerability; epidemiological and clinical evidence showing gender differences in such disorders; aetiological explanations in terms of biological (including hormonal) as well as psychosocial parameters, and treatment implications.

Features
• Maps the gender differences in mood and anxiety disorders across the different developmental phases in a woman's life
• Spans clinical practice and current research
• Takes a broad biopsychosocial approach

2006    224pp   16 illustrations
978 0 521 54753 6   (0 521 54753 9) • PB • £27.99

Mood and Anxiety Disorders in Women

Forthcoming
Melancholia

The Diagnosis, Pathophysiology and Treatment of Depressive Illness
Michael Taylor
University of Michigan, Ann Arbor, USA
and Max Fink
Albert Einstein College of Medicine, New York, USA

A comprehensive review of melancholia as a severe disorder of mood, associated with suicide, psychosis and catatonia. The syndrome is defined with a clear diagnosis, prognosis and range of management strategies. It challenges accepted doctrines and describes melancholia as a treatable and preventable mental illness. The book offers great hope to those with a disorder too often misdiagnosed and often fatal. It should be read by all those responsible for the management of patients with mood disorders.

June 2006    560pp   2 illustrations
978 0 521 84151 1   (0 521 84151 B) • HB • £75.00

Catatonia

A Clinician's Guide to Diagnosis and Treatment
Max Fink
State University of New York, Stony Brook, USA
and Michael Alan Taylor

"... an excellent book on catatonia. The book is a very interesting and clinically relevant review of the authors' extensive experience in the research and treatment of this neuropsychiatric illness ... Authors Fink and Taylor provide us with valuable clinical experience and information for an improved understanding and a more effective treatment of this form of psychosis."

PSYCHOLOGICAL MEDICINE
2003    274pp   33 illustrations
978 0 521 82226 8   (0 521 82226 2) • HB • £65.00

The Treatment of Anxiety Disorders

Clinician Guides and Patient Manuals
Second edition
Gavin Andrews,
University of New South Wales, Sydney, Australia
Mark Creamer,
University of Melbourne, Australia
Rocco Crino, Caroline Hunt, Lisa Lampe,
All from University of New South Wales, Sydney, Australia
Andrew Page,
University of Western Australia, Perth, Australia

‘In my opinion this book deserves a place in any medical library for its clear and comprehensive theoretical overview, and its synthesis of theory and practice for all doctors whose work brings them into contact with anxious patients.’

JOURNAL OF THE ROYALS SOCIETY OF MEDICINE
2002    624pp   81 illustrations
978 0 521 78877 9   (0 521 78877 3) • PB • £45.00
Adolescent Substance Abuse
Research and Clinical Advances
Howard A. Liddle
University of Miami School of Medicine
Cynthia L. Rowe
University of Miami School of Medicine
Adolescent drug abuse is one of the most challenging disorders to treat. It impacts on schools, community-based programs, mental health and medical facilities, and juvenile justice settings. This book provides practitioners, program developers and policy makers with the most up-to-date and practical information for improving outcomes in adolescent substance abuse. The authors cover a range of issues, including empirically-based treatment development protocols; how to incorporate innovative treatment models into diverse clinical settings; research advances; interventions with special populations; culturally based intervention guidelines, and recommendations for practice and policy.

Features
• Covers the development and implementation of empirically based treatment protocols
• Provides the most up-to-date methods for improving outcomes in adolescent substance abuse
• Discusses interventions with special populations, culturally based interventions and evidence-based practice and policy recommendations

2005 512 pp 30 illustrations
978 0 521 82358 6 (0 521 82358 7) • HB • £65.00

The Treatment of Drinking Problems
A Guide for the Helping Professions
Fourth edition
Griffith Edwards
National Addiction Centre, London, UK
E. Jane Marshall
South London NHS & Maudsley NHS Trust, UK
and Christopher C. H. Cook
University of Kent, Canterbury, UK
Internationally acclaimed and translated into six languages, this is the most authoritative source book for the treatment of alcohol problems for all professionals who encounter them.

Review from third edition
‘… a classic… I regard this book as the best overview on the subject for practitioners who wish to understand and help people with alcohol problems ... a unique perspective ... elegant and succinct prose, ... an absolute must to read.’

THE LANCET

‘This text continues to be a must for anyone working in the field of alcohol misuse.’

ADDITION BIOLOGY

2003 428pp 46 illustrations
978 0 521 01714 5 (0 521 01714 9) • PB • £38.00

Drugs and Addictive Behaviour
A Guide to Treatment
Third edition
Hamid Ghodse, Saint George’s Hospital Medical School, University of London, UK
A comprehensive overview of substance misuse and dependence with particular emphasis on practical, evidence-based approaches to the assessment and management of a wide range of drug-related problems in a variety of clinical settings.

‘... well researched, thorough and logically ordered.’

DRUG AND ALCOHOL REVIEW

2002 520pp 62 illustrations
978 0 521 00001 7 (0 521 00001 7) • PB • £48.00
978 0 521 81354 9 (0 521 81354 9) • HB • £95.00
Bipolar Disorders
Mixed States, Rapid Cycling and Atypical Forms
Edited by Andreas Marneros
Martin Luther-Universität Halle-Wittenburg, Germany
and Frederick Goodwin
George Washington University Medical Centre, Washington DC, USA
Bipolar disorder manifests itself in a variety of forms. It can coexist with other psychiatric conditions, and treatment efficacy can depend on the type of bipolar state. This book covers the full range of atypical, rapid cycling and transient forms of bipolar disorder, from atypical and agitated depression to schizoaffective mixed states. The most recent ICD category is covered, and the authors also look at the biology and genetics of bipolar disorder, along with issues relating to age (children and the elderly), comorbidity, choice of drug treatment and investigational strategies.

Features
• The first book to be written in this subject, bringing together all of the current research contextualised with directions for treatment, prevention, genetics, prognosis and diagnosis
• Written by an international team of experts
• Covers the most recent ICD classification and looks at the relationship between these forms of bipolar disorder and age, particularly ADHD in children and adolescents

2005 352pp 133 illustrations
978 0 521 83517 6 (0 521 83517 8) • HB • £65.00

Circles of Recovery
Self-help Organizations for Addictions
Keith Humphreys
Stanford University School of Medicine, California, USA
Self-help organizations across the world have attracted tens of millions of individuals seeking to address addiction problems with drugs or alcohol. This book provides an integrative, international review of research on these organizations, focusing on efficacy, how they affect individual members and whether self-help groups and formal health care systems can work together to combat substance abuse.

“This book presents a clear and comprehensive international overview of the history of self-help groups and the evidence for their efficacy in recovery … This book is a must read for all addiction professionals as well as all other mental health professionals who encounter substance abuse problems in their clients.”

PSYCHOLOGICAL MEDICINE
2003 238pp
978 0 521 79277 6 (0 521 79277 0) • HB • £60.00
Acute and Transient Psychoses
Andreas Marneros and Frank Pillmann
Both from Martin Luther-Universität Halle-Wittenburg, Germany

Brief and acute psychotic disorders with a short duration and a generally good prognosis have long intrigued psychiatrists. Although they are included in internationally accepted diagnostic systems, understanding of these disorders remains minimal. This book is the first comprehensive overview of the clinical features, biology, course and long-term outcome of brief and acute psychoses. The authors also address the nosological status of brief and acute psychoses and their impact on our understanding of the continuum of psychotic and affective disorders.

Features
• Covers all aspects of acute and transient psychoses, from history of diagnosis to prognosis and treatment
• Incorporates data from the biggest longitudinal study
• Accessible to non-specialists, including those without linguistic knowledge

2004   254pp   58 illustrations
978 0 521 83518 3   (0 521 83518 6) • HB • £70.00

Schizophrenic Speech
Making Sense of Bathrooms and Ponds that Fall in Doorways
Peter J. McKenna
Cambridge Health Authority, UK
and Tomasina M. Oh
University of Singapore

Reviews our knowledge of the incoherent speech which can present as a symptom of schizophrenia. This is one of the most researched symptoms in the disorder. The content covers clinical presentation, differential diagnosis and the theories proposed to account for the symptom in these ‘thought disordered’ patients, ranging from the psychoanalytic to there being a form of aphasia involved. The book is unique in its ability to apply linguistic and neuropsychological approaches to the understanding of this condition.

Features
• First book on the topic to feature collaboration between a psychiatrist and a linguist
• Up-to-date account of the neuropsychology of schizophrenia
• Accessible to non-specialists, including those without linguistic knowledge

2005   220pp   28 illustrations
978 0 521 81075 3   (0 521 81075 2) • HB • £55.00

Forthcoming
Schizoaffective Disorders
The Overlap of Affective and Schizophrenic Spectra
Andreas Marneros
Martin Luther University Halle, Germany
Hagop Akiskal
International Mood Center, University of California at San Diego, USA

Many clinicians and researchers are convinced that there is an overlap between affective and schizophrenic spectra. In this book, an international team of experts discuss aspects of comorbidity, genetic models, clinical course, phenomenology and therapies. This is the first comprehensive overview of the schizoaffective spectra.

Nov 2006   250 pages   83 illustrations
978 0 521 85858 8   (0 521 85858 5) • HB • £65.00

Forthcoming
Psychoeducation Manual for Bipolar Disorder
Francesc Colom and Eduard Vieta
Both at the Bipolar Disorders Program, IDIBAPS, Hospital Clinic, Barcelona, Spain
Foreword by Jan Scott
Institute of Psychiatry, London, UK

Psychoeducation is a technique that has proven to be very effective as an add-on to medication, helping to reduce the number of all types of bipolar recurrences and hospitalisation. The object is to improve patients’ understanding of the disorder and therefore their adherence to pharmacotherapy. Based on the highly successful, evidence-based Barcelona program, this book is a pragmatic, therapists’ guide for how to implement psychoeducation for bipolar patients.

Features
• Based on the world-famous, evidence-based Barcelona program
• Written by founders of the Barcelona Program who have over a decade’s experience in implementing it
• Highly practical guide to implementing psychoeducation using the Barcelona sessions and cases

August 2006   200pp   10 illustrations
978 0 521 68368 5   (0 521 68368 8) • PB • £24.99
Neurodevelopment and Schizophrenia
Edited by Matcheri Keshavan
University of Pittsburgh, USA
and James Kennedy
Clarke Institute of Psychiatry, Toronto, Canada
Robin Murray
Institute of Psychiatry, London, UK

Over the past decade, developmental neurobiology has made important strides towards elucidating the pathophysiology of psychiatric disorders. Nowhere has this link between basic science and clinical insights become clearer than in the field of schizophrenia research. In this volume, the editors bring together some of the most active investigators in this field. Each contributor provides a state-of-the-art overview of the relevant research, including directions for further investigation.

‘…an excellent book that delivers a scientific map of recent neurodevelopmental concepts.’
BRITISH JOURNAL OF NEUROSCIENCE NURSING

Features
- Focuses on a serious and debilitating condition
- Extensively referenced

2004 506pp 22 illustrations
978 0 521 82331 9 (0 521 82331 5) • HB • £90.00

Women and Schizophrenia
Edited by David J. Castle
Mental Health Research Institute Victoria, Australia
John McGrath
Wolston Park Hospital, Queensland, Australia
and Jayashri Kulkarni
Dandenong Area Mental Health Service, Australia

An examination of the biological, endocrinological, epidemiological, reproductive, psychological and social aspects of schizophrenia as experienced by women. Sex-specific issues are assessed and their therapeutic and clinical implications evaluated.

‘…an excellent presented example of the benefits of taking a view of psychiatry that is neither gender-blind nor using the male as prototypical …a well-edited and readable little book.’
PROGRESS IN NEUROLOGY AND PSYCHIATRY

2000 164pp 6 illustrations
978 0 521 78617 1 (0 521 78617 7) • PB • £24.99

The Epidemiology of Schizophrenia
Edited by Robin M. Murray
Institute of Psychiatry, London, UK
Peter B. Jones
University of Cambridge, UK
Ezra Susser
Columbia University, New York, USA
Jim Van Os
Maastricht University, Netherlands
and Mary Cannon
Institute of Psychiatry, London, UK

The first comprehensive, epidemiological overview of this multi-faceted and still perplexing disorder. Controversial issues on the nature and cause of schizophrenia are explored in depth, and separate chapters are devoted to topics such as suicide, violence and substance abuse, new prospects for treatment and prevention.

2002 470pp 58 illustrations
978 0 521 77540 3 (0 521 77540 X) • HB • £65.00

This book was highly commended in the BMA Medical Book Competition for 2004

The Self in Neuroscience and Psychiatry
Edited by Tilo Kircher
Eberhard-Karls-Universität Tübingen, Germany
and Anthony David
Institute of Psychiatry, London, UK

In recent years neuroscience has contributed important insights to the concept and construction of the self from conditions, such as schizophrenia, in which the self becomes disordered. This book focuses on neuropsychiatric models of self-consciousness, set against introductory essays describing the philosophical, historical and psychological approaches.

‘This is a though provoking book. Kircher and David are to be congratulated on bringing together a set of seminal contributions on which further conceptual and scientific advances in understanding the phenomena of psychosis and their relationship to the human capacity of language can be based.’
JOURNAL OF NEURAL NEUROSURGERY PSYCHIATRY

2003 496pp 35 illustrations
978 0 521 53350 8 (0 521 53350 3) • PB • £35.00
978 0 521 80387 8 (0 521 80387 X) • HB • £70.00
The Recognition and Management of Early Psychosis
A Preventive Approach
Edited by Patrick D. McGorry
Centre for Young People’s Mental Health, Melbourne, Australia
and Henry J. Jackson
University of Melbourne, Australia
Foreword by Carlo Perris
Focus is on the preventive potential of early detection of psychosis, and the practicalities of treatment. With contributions from international authorities, the book outlines a framework for intervention, reviews the evidence available to guide clinical practice, and describes models of treatment. Incorporating many personal narratives and case histories, it is strong on theory, sensitive on practical issues, and will challenge, inform and guide clinicians.

‘This is an excellent, clearly written text, liberally interspersed with informative case studies and clear diagrams which help to illustrate conceptual issues. …I am sure it will become a classic text and do much to inspire other workers to set up early intervention programmes and hence play a part in helping to ease the plight of young people with psychosis. …no department of psychiatry or clinical psychology, or community health team, should be without a copy.’

BRITISH JOURNAL OF PSYCHIATRY

Preventing Intellectual Disability
Ethical and Clinical Issues
Pekka Louhiala
University of Helsinki, Finland
Comprehensively covers the ethical issues involved in prevention of intellectual disability (ID). These are discussed around four real cases and cover the definition of ID, epidemiology, screening, genetic counselling and the question of whether or not ID should be prevented.

‘… represents a happy marriage between ethical and clinical issues. A close reading of this important and challenging book has been an important experience for the reviewer. Offering sound food for thought, it demands a good act of mastication to be properly digested. I recommend it to all who are engaged in a joint search for a morally excusable decision’ in matters of genetic counselling.’

EUROPEAN CHILD AND ADOLESCENT PSYCHIATRY

Marijuana and Madness
Psychiatry and Neurobiology
Edited by David Castle
Mental Health Research Institute, Melbourne, Australia
and Robin Murray
Institute of Psychiatry, London, UK
A comprehensive and up-to-date overview of the psychiatry and neuroscience of Cannabis sativa (marijuana) with particular emphasis on psychotic disorders. It outlines the very latest developments in our understanding of the human cannabinoid system, and links this knowledge to clinical and epidemiological facts about the impact of cannabis on mental health. Controversial issues are critically explored, including whether a discrete ‘cannabis psychosis’ exists.

‘I believe the book is a must even for the smallest institutional mental health or drug dependency services library. Individual practitioners specialising in drug problems and those specialising in schizophrenia would do well to have their own copies.’

AUSTRALIAN MEDICINE
A Guide to Asperger Syndrome
Christopher Gillberg
University of Göteborg, Sweden
An accessible handbook for all those touched by Asperger syndrome: clinicians, those affected and carers alike. Christopher Gillberg, a world-renowned authority in the field, gives an in-depth account of symptoms, diagnosis, prevalence, background factors, prognosis and intervention.

‘…the authors’ commitment to the people with autism whom they treat and with whom they work is an inspiration to all readers.’
JOURNAL OF AMERICAN ACADEMY OF CHILD ADOLESCENT PSYCHIATRY
2002 188pp 7 illustrations
978 0 521 00183 0 (0 521 00183 8) • PB • £24.99

The Social Construction of Intellectual Disability
Mark Rapley
Murdoch University, Western Australia
Intellectual disability is usually thought of as a form of internal, individual affliction, little different from diabetes, paralysis or chronic illness. This study shows that what we usually understand as being an individual problem is actually an interactional, or social, product.

‘The book presents a timely challenge to our profession. Mark Rapley’s writing just gets better: make sure you get the chance to learn from him.’
CLINICAL PSYCHOLOGY
2004 258pp
978 0 521 00529 6 (0 521 00529 9) • PB • £19.99

Parental Psychiatric Disorder
Distressed Parents and their Families
Second Edition
Edited by Michael Göpfert
Webb House Democratic Therapeutic Community, Creve, UK
Jeni Webster
5 Boroughs Partnership, Warrington, UK and Mary V. Seeman
University of Toronto, Canada
It is indisputable that mental illness in a parent has serious and often adverse effects on the child, something which is surprisingly unreflected in clinical service provision. In this completely rewritten new edition, an international, multidisciplinary team of professionals review the most up-to-date treatment interventions from a practical, clinical point of view.

Review from first edition
‘A unique and innovative approach to family issues in psychiatric disorders … a major contribution to the field.’
HARVARD MEDICAL SCHOOL
Features
• An interdisciplinary and international account of a difficult and neglected problem area
• Includes the viewpoints of both children and adults with case studies and reports
• Provides guidance for ethical practice in marginal cases
2004 422pp 14 illustrations
978 0 521 53497 0 (0 521 53497 6) • PB • £80.00
978 0 521 53497 0 (0 521 53497 6) • HB • £45.00

Autism and Asperger Syndrome
Edited by Uta Frith
MRC Cognitive Development Unit, London, UK
Is Asperger syndrome a syndrome in its own right or is it a form of autism? This book gives the first coherent account of Asperger syndrome as a distinct variant of autism and will undoubtedly cause a good deal of debate.

1991 257pp
978 0 521 00183 0 (0 521 38608 X) • PB • £24.99

Cognitive Therapy across the Lifespan
Evidence and Practice
Edited by Mark A. Reinecke
Northwestern University Medical School, Illinois, USA and David A. Clark
University of New Brunswick, Canada
Foreword by Aaron Beck
This balanced and critical overview examines the evidence supporting the effectiveness of cognitive-behavioral approaches to treating clinical problems across the lifespan. It analyses the cognitive models on which these treatments are based, and identifies the clinical and conceptual problems, giving specific recommendations for addressing them.

‘…an excellent introduction to the field … Perhaps the most important contribution of this volume, however, is found in the discerning, critical stance taken by the contributors. … This book unflinchingly examines the strengths and weaknesses of cognitive approaches to psychotherapy and the empirical foundations on which they stand. … This is a remarkable and valuable volume.’
AARON T. BECK
2003 548pp 14 illustrations
978 0 521 53377 5 (0 521 53377 5) • PB • £40.00
978 0 521 65109 7 (0 521 65109 3) • HB • £80.00

Parental Psychiatric Disorder
Distressed Parents and their Families
Second Edition
Edited by Michael Göpfert
Webb House Democratic Therapeutic Community, Creve, UK
Jeni Webster
5 Boroughs Partnership, Warrington, UK and Mary V. Seeman
University of Toronto, Canada
It is indisputable that mental illness in a parent has serious and often adverse effects on the child, something which is surprisingly unreflected in clinical service provision. In this completely rewritten new edition, an international, multidisciplinary team of professionals review the most up-to-date treatment interventions from a practical, clinical point of view.

Review from first edition
‘A unique and innovative approach to family issues in psychiatric disorders … a major contribution to the field.’
HARVARD MEDICAL SCHOOL
Features
• An interdisciplinary and international account of a difficult and neglected problem area
• Includes the viewpoints of both children and adults with case studies and reports
• Provides guidance for ethical practice in marginal cases
2004 422pp 14 illustrations
978 0 521 53497 0 (0 521 53497 6) • PB • £80.00
978 0 521 53497 0 (0 521 53497 6) • HB • £45.00

Autism and Asperger Syndrome
Edited by Uta Frith
MRC Cognitive Development Unit, London, UK
Is Asperger syndrome a syndrome in its own right or is it a form of autism? This book gives the first coherent account of Asperger syndrome as a distinct variant of autism and will undoubtedly cause a good deal of debate.

1991 257pp
978 0 521 00183 0 (0 521 38608 X) • PB • £24.99

Cognitive Therapy across the Lifespan
Evidence and Practice
Edited by Mark A. Reinecke
Northwestern University Medical School, Illinois, USA and David A. Clark
University of New Brunswick, Canada
Foreword by Aaron Beck
This balanced and critical overview examines the evidence supporting the effectiveness of cognitive-behavioral approaches to treating clinical problems across the lifespan. It analyses the cognitive models on which these treatments are based, and identifies the clinical and conceptual problems, giving specific recommendations for addressing them.

‘…an excellent introduction to the field … Perhaps the most important contribution of this volume, however, is found in the discerning, critical stance taken by the contributors. … This book unflinchingly examines the strengths and weaknesses of cognitive approaches to psychotherapy and the empirical foundations on which they stand. … This is a remarkable and valuable volume.’
AARON T. BECK
2003 548pp 14 illustrations
978 0 521 53377 5 (0 521 53377 5) • PB • £40.00
978 0 521 65109 7 (0 521 65109 3) • HB • £80.00
Prader-Willi Syndrome
Development and Manifestations
Joyce Whittington and Tony Holland
Both from University of Cambridge, UK
Prader-Willi syndrome (PWS) is associated with an assortment of physical, behavioural and cognitive abnormalities creating a broad range of interdisciplinary care needs. In this book the authors identify and integrate the latest findings about how best to manage the complex medical, nutritional, psychological, educational, social and therapeutic needs of people with PWS. Both have been involved in the Cambridge PWS study, which is the largest and most rounded of the cohort studies of PWS anywhere in the world. The unique data it provides is the basis of this book.

Features
• Describes findings based on a unique, genetically proven, population-based sample
• Integrates the findings from different areas of research into new theories about the syndrome
• Tony Holland is known worldwide for his work in this area

2004 230pp 53 illustrations
978 0 521 84029 3 (0 521 84029 5) • HB • £60.00

Medical Management of Eating Disorders
A Practical Handbook for Healthcare Professionals
C. Laird Birmingham
University of British Columbia, Vancouver, Canada
and Pierre Beumont
University of Sydney, Australia
This is a practical guide to the medical complications and treatment of anorexia nervosa and related eating disorders. The principles and practice of treatment are fully covered including medical and nutritional therapies. Psychiatric and psychological issues are also addressed and provide details of specific psychological therapies. The text is supplemented with diagnostic colour photographs of important physical manifestations of eating disorders. Although the text is suitable for all health care professionals looking after these patients, special information is provided for general practitioners, nursing staff, family carers and the patients themselves.

‘A major strength is the quality and breadth of the information provided … scores highly on user-friendliness … clearly written with the reader in mind … valuable reading to all staff new to the field of eating disorders, to the medical and nursing staff of my in-patient eating disorder unit, to interested general practitioners and practice nurses, to paediatric services, to dieticians, to keen medical students and to some patients and parents.’

2004 200pp 22 illustrations
978 0 521 54662 1 (0 521 54662 1) • PB • £38.00

Psychodermatology
The Psychological Impact of Skin Disorders
Edited by Carl Walker and Linda Papadopoulos
Both from the London Guildhall University, UK
Psychodermatology covers all aspects of how the mind and body interact in relation to the onset and progression of various skin disorders. This book is the first text written by a multidisciplinary team of psychiatrists, psychologists, child specialists and dermatologists for all the health professionals who treat patients with skin problems. They cover a broad range of issues affecting these patients, including: stigma, coping, relationships, psychological treatments, the impact on children, comorbidities, psychoneuroimmunology, quality of life and psychological treatments.

Features
• A multidisciplinary text to cover the body-mind interactions affecting skin disease
• Written for all health professionals working with patients with skin diseases
• Takes a broad-ranging approach from psychoneuroimmunology to dealing with stigma

2005 160pp 5 illustrations
978 0 521 54229 6 (0 521 54229 4) • PB • £30.00
Cognitive Behaviour Therapy for Children and Families

2nd edition
Edited by Philip J. Graham
Institute of Child Health, University College London, UK

 Entirely revised and augmented with 11 new chapters, the authors build strongly on the aims of the previous edition to provide the latest scientific validation of cognitive behaviour therapy with practical treatment guidance for professionals working with disturbed children. Coverage ranges from school refusal to eating and sleeping disorders and substance abuse. It will be invaluable to clinicians providing psychological treatment for children and families.

From a review of the first edition: ‘... impressive ... this book is likely to be read and consulted widely.’

BEHAVIOUR RESEARCH AND THERAPY

Features
- Completely revised and rewritten, with 11 entirely new chapters
- Describes ways in which Cognitive Behaviour Therapy can be combined with other treatments
- Covers a broad range of disorders
- Completely revised and rewritten, with 11 entirely new chapters
- Describes ways in which Cognitive Behaviour Therapy can be combined with other treatments
- Covers a broad range of disorders

2004 346pp 30 illustrations
978 0 521 52992 1 (0 521 52992 1) • PB • £29.99

Psycological therapy

Genetic Counselling

A Psychological Approach
Christine Evans
Foreword by Peter Harper

The role of a genetic counsellor is to mediate between the rapid advances in molecular medicine and an individual's ability to understand and manage the risks of their inheritance. Counsellors therefore need to be fully in command of the psychological impact of their communications. Written by a psychiatrist who later became a psychotherapist, this manual is essential reading for counsellors of all disciplines. It examines the psychological processes involved and explains why people approach and respond differently.

Features
- Practice-based approach to applying psychological thinking to genetic counselling
- Provides a theoretical framework to support genetic counselling
- Explores the dynamic between counsellor and client

April 2006 150pp 2 illustrations
978 0 521 67230 6 (0 521 67230 9) • PB • £24.99

Psychotherapy and Counselling in Practice

A Narrative Framework
Digby Tantam
University of Sheffield, UK

The many different therapeutic models in use today can lead to blind spots in clinical practice. This important book gives a balanced synthesis, based on actual cases, evidence, practice and experience, to describe the process of psychotherapy and identify the fundamental elements that lead to good outcome across all its schools.

'I highly recommend this book for its non-intimidating style, portability and humanistic approach to both short-term and long-term therapy. I would consider it valuable reading for the current psychiatric syllabus.'

DOCTORS NET

2002 334pp 10 illustrations
978 0 521 47963 9 (0 521 47963 0) • PB • £29.99

Psychological Therapy
The Neuropsychiatry of Epilepsy
Edited by Michael R. Trimble
Institute of Neurology, London, UK
and E. Bettina Schmitz
Humboldt-Universität, Berlin, Germany
A multi-national team of experts review and explore the interface between epilepsy and behaviour disorders. They begin by looking at how adequate existing classifications are for defining the subtleties of behavioural changes in patients with neurological disorders. Coverage is broad-ranging and offers both a diagnostic and management perspective.

‘… this book serves to show the huge possibilities for research in this fascinating area of neurology, with implications for our understanding of epilepsy and other affective disorders and better treatment of patients in the future.’

THE LANCET
2003 360pp 70 illustrations
978 0 521 00516 6 • PB • £49.95
978 0 521 81374 7 • HB • £130.00

Somatoform Disorders
A Medicolegal Guide
Michael Trimble
Institute of Neurology, London, UK
People with somatoform disorder present with a range of symptoms that typically last for years and can’t be traced to a specific physical cause. Such symptoms may range from frequent headaches to gastrointestinal problems. This book is an in-depth, clinically orientated review of somatoform disorders and related clinical presentations (such as chronic fatigue syndrome) and how they present in a medico-legal setting. It is aimed at both clinicians and lawyers who deal with injury claims where these disorders impact much more frequently than is generally recognised.

‘Trimble’s literary references and clear, witty prose make this book easy and even entertaining to read … the points he makes on somatoform disorders in general are of value to all practitioners, and his perspective on medical reports and expert evidence are of especial value.’

IRISH MEDICAL LAW AND ETHICS E-BULLETIN
2004 266pp 43 illustrations
978 0 521 81108 8 • HB • £50.00

Velo-cardio-facial Syndrome
A Model for Understanding Microdeletion Disorders
Edited by Kieran Murphy
Education and Research Centre, Royal College of Surgeons of Ireland
and Peter Scambler
Institute of Child Health, University College London, UK
The focus is on clinical issues with chapters devoted to psychiatric disorders, neuroimaging, speech and language disorders, as well as cardiac, ENT, gastrointestinal, ophthalmic and urological manifestations. Molecular genetics, immunodeficiency and genetic counselling are also covered and practical approaches to diagnosis and treatment described. As VCFS is seen as a paradigm for other microdeletion disorders this book will appeal to a wider audience than the clinicians seeing VCFS patients.

Features
• First book on velo-cardio-facial syndrome (VCFS)
• Contributions from leading international VCFS researchers
• Describes a model for understanding other microdeletion disorders

2005 256pp 91 illustrations
978 0 521 82185 8 • HB • £65.00

Insomnia
Principles and Management
Edited by Martin P. Szuba, University of Pennsylvania, USA
and Jacqueline D. Kloss, Drexel University, Philadelphia, USA
David F. Dinges, University of Pennsylvania, USA
Despite its prevalence, insomnia remains poorly understood, mainly because of the lack of clear scientific data supporting the many approaches used. This book collates up-to-date scientific data to identify the gaps in our knowledge and improve clinical management. A team of experts cover insomnia throughout the lifespan, the relevant biological systems, and the impact of related problems (such as shift work, industrial accidents, mood disorders, etcetera).

‘… a well-balanced account of the problems faced by those with insomnia and those caring for insomniacs … this book is very good value.’

PSYCHOLOGICAL MEDICINE
2003 306pp 18 illustrations
978 0 521 01076 4 • PB • £38.00
NEW FROM STEPHEN STAHL

Revised and Updated Edition

Essential Psychopharmacology: The Prescriber’s Guide
Stephen M. Stahl

This completely revised and updated edition of Stephen Stahl’s much acclaimed Prescriber’s Guide is the latest addition to the Essential Psychopharmacology range.

In full color throughout, and with four or more pages for each of over 100 psychotrophic drugs, Stephen Stahl distills his great expertise into a pragmatic formulary that gives all the information a clinician needs to treat patients effectively.

Each drug is covered in five categories: • general therapeutics • dosing and use • side effects • special populations and • pearls. Target icons appear next to key categories for each drug so that the clinician can go easily and instantly to the information needed. Several indexes are included, listing drugs by name (generic and international), use and class. In addition Dr Stahl indicates which drugs have FDA approval, and also gives the FDA Use-in-Pregnancy Ratings.

From reviews of the first Prescriber’s Guide:
‘… The clinical tips and pearls that are found in each entry are invaluable – not only are dosing guidelines provided, but also the author’s educated and respected opinion regarding potential advantages and disadvantages of each drug. The book’s major strength is its readability and user friendliness. The art of psychopharmacology is finally given the space it deserves. … This guidebook is an excellent source of information for the art of prescribing psychotrophic medications and belongs in every clinician’s library.’

THE ANNALS OF PHARMACOTHERAPY

‘I think that this manual has all the characteristics of a true bestseller. The format is very attractive, the information is complete, the consultation is easy. In no other recent text will a clinician find so much information in such a concise and user-friendly format.’

ACTA PSYCHIATRICA SCANDINAVICA

‘I recommend the Guide as an excellent and easy-to-read reference for practitioners who may be seeking an improved comfort zone with psychotropic drugs.’

CANADIAN JOURNAL OF PSYCHIATRY

June 2006

978 0 521 68350 0  (0 521 68350 5)  • PB  • £38.00

ALSO BY STEPHEN STAHL

New

Antipsychotics and Mood Stabilizers

Taken from the bestselling Prescriber’s Guide and maintaining its presentation features, this book details all the antipsychotic and mood stabilizing drugs.

Contents: Introduction; 1. amisulpride; 2. aripiprazole; 3. carbamazepine; 4. doxepin; 5. cyamemazine; 6. gabapentin; 7. lamotrigine; 8. levetiracetam; 9. lithium; 10. olanzapine; 11. oscarbazepine; 12. perospirone; 13. pregabalin; 14. quetiapine; 15. risperidone; 16. topiramate; 17. valproate; 18. ziprasidone; 19. zonisamide; 20. zotepine; Index by drug name (generic and international trade names); Index by use; Lists of abbreviations and icons.

June 2006

978 0 521 61635 5  (0 521 61635 2)  • PB  • £14.99

New

Antidepressants

Taken from the bestselling Prescriber’s Guide and maintaining its presentation features, this book details all the antidepressant drugs.

Contents: 1. amitriptyline; 2. amoxapine; 3. atomoxetine; 4. bupropion; 5. citalopram; 6. clomipramine; 7. desipramine; 8. dothiepin; 9. doxepin; 10. duloxetine; 11. escitalopram; 12. fluoxetine; 13. fluvoxamine; 14. imipramine; 15. lofepramine; 16. mirtazapine; 17. maprotiline; 18. milnacipran; 19. mitrazapine; 20. moclobemide; 21. nefazodone; 22. noradipine; 23. paroxetine; 24. phentermine; 25. protriptyline; 26. reboxetine; 27. selegiline; 28. sertraline; 29. tianeptine; 30. tranylcypromine; 31. trazodone; 32. trimipramine; 33. venlafaxine; Index by drug name (generic and international trade names); Index by use; Lists of abbreviations and icons.

June 2006

978 0 521 61634 8  (0 521 61634 4)  • PB  • £17.99
BioSocieties
An innovative new journal in the social sciences, dedicated to advancing analytic understanding of the social, ethical, legal, economic, public and policy aspects of current and emerging developments in the life sciences.
To read the first issue, visit:
www.journals.cambridge.org/jid_BIO

Behavioral and Brain Sciences
Behavioral and Brain Sciences, publishes significant and controversial pieces of work from researchers in any area of psychology, neuroscience, behavioural biology or cognitive science.
www.journals.cambridge.org/jid_BBS

Journal of Psychiatric Intensive Care
The Journal of Psychiatric Intensive Care is devoted to issues affecting the care and treatment of people with mental disorder who manifest severely disturbed mental or behavioural functioning.
www.journals.cambridge.org/jid_JPI

Psychological Medicine
A leading international journal in the fields of psychiatry, related aspects of psychology and basic sciences.
www.journals.cambridge.org/jid_PSM

Developmental Medicine and Child Neurology
Developmental Medicine and Child Neurology is the world’s leading journal on paediatric neurology, covering a wide range of clinical topics concerning the diseases and neurological disabilities of children.
www.journals.cambridge.org/jid_DMC

Behavioural and Cognitive Psychotherapy
An international multidisciplinary journal featuring original research papers, covering both experimental and clinical work, that contribute to the theory, practice and evolution of cognitive and behaviour therapy.
www.journals.cambridge.org/jid_BCP

International Psychogeriatrics
A well-respected, multidisciplinary journal, International Psychogeriatrics offers high quality original research papers in the field of psychogeriatrics.
www.journals.cambridge.org/jid_IPG

The International Journal of Neuropsychopharmacology
This journal serves as a major forum for the rapid publication and dissemination of high quality, influential research in the subject area.
www.journals.cambridge.org/jid_PNP

Journal of the International Neuropsychological Society
JINS aims to further scientific and research activities in neuropsychology and enhance communication among its cognate member disciplines.
www.journals.cambridge.org/jid_INS